

Becca Marino, BS, NSCA-CPT
Founder/Owner
Fitness INSPIRATION! Inc.



For 13 years, Becca Marino battled an eating disorder until finally, she checked herself into a facility, where she spent six months. While there, she realized just how powerful inspiration could be—people believed in her, believed that she could do it, even when she didn't believe in herself. Those

six months would motivate her to change her life, and believe in herself. Once she left, she knew she had to use this gift that she had been given to help other people.

"I truly believe inspiration is the catalyst for change and that I have a responsibility to take what I've learned and pay it forward," says Marino. And, that's exactly what she's been doing.

Marino went on to receive her bachelor's degree in health, fitness and recreational resources, with a concentration in exercise science, from George Mason University.

She recently developed the BEST! Me fitness program for the 2011 Shelby Farms Woodland Discovery Challenge Summer Camp and is a Girls Inc. Memphis Mentor

"This had to be one of the best parties Olivia has ever had! So much fun!"

Tami Manes

Book a **Fit-KidZ Party!** Birthday Parties and More!

Where We Bring The FUN!

Don't wait!
**CALL & RESERVE
YOUR Party!**

Contact Becca:
901.825.4883

or visit our
website to
learn more!

Becca@BelieveItBringItAchieveIt.com

BelieveItBringItAchieveIt.com



FITNESS INSPIRATION INC.
{BELIEVE IT · BRING IT · ACHIEVE IT}

Friends, Fitness, Food and FUN!

Fit-KidZ Celebration Parties!!!

Tired Of The Same OLD Boring Party?



Make this year's
Party the **BEST** and
HEALTHIEST OneYet!



Book a Fit-KidZ Party

- ✓ Indoors or Outdoors
- ✓ Choice of Locations
- ✓ Competitive or Non-competitive
- ✓ SUPER-COOL Fit-KidZ XTRAS!

Choose from one of three Fit-KidZ Party Bundles:

- ✓ **Bundle 1**
(AKA Super-Cool!)
- ✓ **Bundle 2**
(AKA Super-Duper Cool!)
- ✓ **Bundle 3**
(AKA Super-Supreme Cool!)



Party rates vary depending on location and duration. Contact us for more details

@ 901.825.4883 or

Info@BelieveItBringItAchieveIt.com

BelieveItBringItAchieveIt.com

Believe IT • Bring IT • Achieve IT

Prices include up to 10 party rockSTARS! Each additional \$15.

Our studio (Outdoor) 90min \$175.00 / 2hour \$225.00
 Shelby Farms (Outdoor) 90min \$200.00 / 2hour \$250.00
 Church Auditorium (Indoor)

Your Location* 90min \$250.00/ 2hour \$300.00

(*Price increase for locations outside of 8 mile radius from studio)

SUPER-COOL PARTY EXTRAS!!!

TIRE FUN!! \$50.00 (Tell us your favorite colors and we decorate A HUGE tire especially for you!)

FACE PAINTING! \$25.00

Bundle 1 (AKA Super-Cool!) \$3 per party rockSTAR!

includes:

Fit-KidZ Party Certificate
 Fit-KidZ 4x6 Photo

Bundle 2 (AKA Super-Duper Cool!) \$6 per party rockSTAR!

includes: (all of the above plus...)

Fit-KidZ Autographed Fitness Ball (have all your friends or teammates sign this super-cool fitness ball for you to keep!!!)
 Fit-KidZ Mini-ball for all your party pals!
 Fit-KidZ Goodie Basket!!

Bundle 3 (AKA Super-Supreme Cool!) \$8 per party rockSTAR!

includes: (all of the above plus...)

1 Fit-KidZ Party DVD for everyone!
 \$25.00 Fitness INSPIRATION! Inc. gift certificate for you!

Visit our website for the latest updates, party videos, pictures, package additions and more!

3 SUPER-COOL PARTY THEMES:

The Amazing Race Celebration Party...

Yep! You got it – this shin-dig is just like the super-fun TV show!! You and your party buddies are paired up for a race around our Fit-KidZ Party World. You work together to complete each high energy fitness station and relay circuit in hopes of being the first to cross the finish line and win the race!!!

BOOT CAMP CELEBRATION PARTY...

A super-cool party full of high energy boot camp station circuits and fitness relays emphasizing team work, healthy competition, and fitness fun! What makes this party especially unique is the fit-kidz birthday chants and the pink or blue camo eye make-up we all wear!! Hoooooorah!

Play-time Fun Celebration Party...

An awesome good time full of non-competitive fitness circuits, relays, and activities! You and your friends will have the BEST time ever playing a variety of fun-filled games, including Fitness Monopoly, Shark Attack, and more!!

